

BREAKFAST ANYONE?

Available Monday to Friday from 9:00am- 11:00am

Breakfast Burrito | \$6.99 *DIETITIAN'S CHOICE

Whole wheat tortilla, scrambled egg, avocado, black beans, roasted corn, fire roasted tomato salsa and cheddar cheese

Calories: 590kcal | Fat: 28g | Carbohydrates: 63g | Fibre: 9g | Protein: 28g

Egg white breakfast sandwich | \$5.50

Toasted kaiser, house-made hummus, iceberg lettuce, tomato, guacamole, and scrambled egg whites. *Add gluten free bun: \$1.50*

Chipotle BBQ Breakfast Hash | \$12.50

Hash browns, turkey sausage, sautéed red pepper and onion with two fried eggs, cheddar cheese, chipotle bbq sauce, toast & fresh fruit

Classic Breakfast | \$10.75

Two eggs, fried or scrambled, with hashbrowns, toast, fresh fruit, and choice of sausages, bacon, or ham

Peameal Bacon Sandwich | \$7

Toasted Kaiser with fried peameal bacon, lettuce, tomato and mayo.

Add a fried egg: \$2.50